



Ali Houshyar, MD

Internal Medicine



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

Tehran University of Medical Sciences

Internship:

Yale University School of Medicine

Residency:

Yale University School of Medicine



Add'l languages spoken:

Farsi, Turkish

Age Limits:

12 yrs and older



Location:

1275 N Rose Dr Ste 126
Placentia, CA 92870
(714) 524 - 3880



Open Hours:

MON: 7:30AM - 4:30PM

TUE: 7:30AM - 4:30PM

WED: 7:30AM - 4:30PM

THU: 7:30AM - 4:30PM

FRI: 7:30AM - 4:30PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039	542416			840411
Alignment Health Plan	(866) 634 - 2247			ACDR100221	
Anthem Blue Cross	(800) 627 - 8797	1CN164			1CM111
Blue Shield	(800) 393 - 6130				100013311010
Blue Shield 65+	(800) 776 - 4466				100013311010
Blue Shield 65+ Choice					100013311010
Blue Shield Promise Health Plan	(800) 544 - 0088	100013311021			100013311022
Cigna	(800) 244 - 6224	6229769014			6229769015
Health Net	(800) 522 - 0088				3199049708
UnitedHealthcare	(866) 633 - 2446	0253270226			0217360052

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.