



# Alicia Nugas, MD

Family Medicine



**APPLECARE**  
MEDICAL GROUP  
Part of OptumCare®



### School:

University Of The East  
Ramon Magsaysay College

### Internship:

Martin Luther King Jr Drew  
Hospital

### Residency:

Martin Luther King Jr Drew  
Hospital



### Add'l languages spoken:

Spanish, Tagalog



### Location:

22408 Norwalk Blvd  
Hawaiian Gardens, CA  
90716  
**(562) 421 - 2188**



### Open Hours:

**MON:** 9:00AM - 5:00PM  
**TUE:** 9:00AM - 5:00PM  
**WED:** 9:00AM - 5:00PM  
**THU:** 9:00AM - 5:00PM  
**FRI:** 9:00AM - 5:00PM



### Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Aetna	(800) 756 - 7039	825478		721877	363193
AHMC	(626) 300 - 2841	NAPP-1326214818-PCP		NAPP-1326214818-PCP	NAPP-1326214818-PCP
Alignment Health Plan	(866) 634 - 2247	ACSA100160		ACDR100107	ACWH100118
Anthem Blue Cross	(800) 627 - 8797	1CN173		0RH104	
Blue Shield	(800) 393 - 6130	IPA-0570P4-00A343420		IPA-0499DS-00A343420	IPA-0571P4-00A343420
Blue Shield 65+	(800) 776 - 4466	IPA-0570P4-00A343420		IPA-0499DS-00A343420	IPA-0571P4-00A343420
Blue Shield 65+ Choice	(800) 776 - 4466	IPA-0570P4-00A343420		IPA-0499DS-00A343420	IPA-0571P4-00A343420
Blue Shield Promise Health Plan	(800) 544 - 0088	100054868028		100054868027	100054868032
Cigna	(800) 244 - 6224	6404146011			6404146013
Health Net	(800) 522 - 0088	3200012507		3027012507	3199012507
Humana	(800) 457 - 4708			991557	991558
LA Care Health Plan	(888) 452 - 2273	A34342Z6			
SCAN	(800) 559 - 3500	0795-23507		0652-23507	0794-23507
UnitedHealthcare	(866) 633 - 2446	0253270158		0159670166	0217360180
WellCare	(866) 999 - 3945			ACD3201391138	ACW3241391138

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.