



Arash Lalezary, MD

Family Medicine



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

St George's University
School Of Medicine

Internship:

Glendale Adventist Medical
Center

Residency:

Glendale Adventist Medical
Center



Add'l languages spoken:

French, Persian, Spanish



Location:

7218 Garfield Ave
Bell Gardens, CA 90201
(562) 927 - 1111



Open Hours:

MON: 9:00AM - 5:00PM
TUE: 9:00AM - 5:00PM
WED: 9:00AM - 5:00PM
THU: 9:00AM - 5:00PM
FRI: 9:00AM - 5:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039	831731	508259	715881	
Alignment Health Plan	(866) 634 - 2247	ACSA100563	ACSF100511	ACDR100514	
Anthem Blue Cross	(800) 627 - 8797	1CN701	0SI489	0RH602	
Blue Shield	(800) 393 - 6130	100108413026	100108413028	100108413027	
Blue Shield 65+	(800) 776 - 4466	100108413026	100108413028	100108413027	
Blue Shield 65+ Choice	(800) 776 - 4466	100108413026	100108413028	100108413027	
Blue Shield Promise Health Plan	(800) 544 - 0088	100108413023	100108413025	100108413024	
Cigna	(800) 244 - 6224	7864197025	7864197023	7864197024	
Health Net	(800) 522 - 0088	3200143195	2892143195	3027143195	
Humana	(800) 457 - 4708	414174	697331	696906	
SCAN	(800) 559 - 3500	0795-98067	0526-98067	0652-98067	
UnitedHealthcare	(866) 633 - 2446	0253270807	0146920536	0159670671	
WellCare	(866) 999 - 3945	1386951ACLA321	1386951ACSF323	1386951ACD320	

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.