



# Barry Allswang, MD

Internal Medicine



**APPLECARE**  
MEDICAL GROUP  
Part of OptumCare®



### School:

Wayne State University  
School Of Medicine

### Internship:

Saint Mary Medical Center

### Residency:

Saint Mary Medical Center



### Add'l languages spoken:

English



### Location:

3801 Katella Ave Ste 330  
Los Alamitos, CA 90720  
**(562) 594 - 9546**



### Open Hours:

**MON:** 7:30AM - 6:00PM

**TUE:** 7:30AM - 6:00PM

**WED:** 7:30AM - 6:00PM

**THU:** 7:30AM - 6:00PM

**FRI:** 7:30AM - 6:00PM



### Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Blue Shield Promise Health Plan	(800) 544 - 0088	100038210032			
SCAN	(800) 559 - 3500	0795-25739			
UnitedHealthcare	(866) 633 - 2446	0253270736			
WellCare	(866) 999 - 3945	ACLA3211389835			

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.