



# Cynthia Miller-Dobalian, MD

Internal Medicine



**APPLECARE**  
MEDICAL GROUP  
Part of OptumCare®



### School:

Loma Linda University  
School Of Medicine

### Internship:

White Memorial Medical  
Center

### Residency:

White Memorial Medical  
Center



### Add'l languages spoken:



### Location:

3816 Woodruff Ave Ste 307  
Long Beach, CA 90808  
**(562) 420 - 7670**



### Open Hours:

**MON:** 8:30AM - 4:30PM  
**TUE:** 8:30AM - 4:30PM  
**WED:** 8:30AM - 4:30PM  
**THU:** 8:30AM - 4:30PM  
**FRI:** 8:30AM - 2:30PM



### Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Alignment Health Plan	(866) 634 - 2247	ACSA100547			
Blue Shield	(800) 393 - 6130	100070657016			
Blue Shield 65+	(800) 776 - 4466	100070657016			
Blue Shield 65+ Choice	(800) 776 - 4466	100070657016			
Blue Shield Promise Health Plan	(800) 544 - 0088	100070657012			
SCAN	(800) 559 - 3500	0795-17265			
UnitedHealthcare	(866) 633 - 2446	0253270806			
WellCare	(866) 999 - 3945	1397646ACLA321			

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.