



Gardner Tarlow, MD

Family Medicine



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

Ross University School of Medicine

Residency:

Sparrow Hospital



Add'l languages spoken:

Spanish



Location:

215 N State College Blvd
Ste C
Anaheim, CA 92806
(714) 772 - 2210



Open Hours:

MON: 9:00AM - 5:00PM

TUE: 9:00AM - 5:00PM

WED: 9:00AM - 5:00PM

THU: 9:00AM - 5:00PM

FRI: 9:00AM - 5:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039	777356			
Alignment Health Plan	(866) 634 - 2247	ACSO100254			
Anthem Blue Cross	(800) 627 - 8797	1CN205			
Blue Shield Promise Health Plan	(800) 544 - 0088	100061758026		100061758027	
Cigna	(800) 244 - 6224	3020646012			
Health Net	(800) 522 - 0088	3559086245			
UnitedHealthcare	(866) 633 - 2446	0253270329		0159670431	
WellCare	(866) 999 - 3945	ACOC3221392182			

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.