



Houman Kashani, MD

Family Medicine



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

Northwestern University
Medical School

Internship:

UCLA Medical Center

Residency:

UCLA Medical Center



Add'l languages spoken:

Farsi, Spanish



Location:

2214 S Hoover St
Los Angeles, CA 90007
(213) 622 - 3100



Open Hours:

MON: 9:00AM - 6:00PM

TUE: 9:00AM - 6:00PM

WED: 9:00AM - 6:00PM

THU: 9:00AM - 6:00PM

FRI: 9:00AM - 6:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Alignment Health Plan	(866) 634 - 2247	ACSA100548			
Anthem Blue Cross	(800) 627 - 8797	1CN686			
Blue Shield	(800) 393 - 6130	100100883035			
Blue Shield 65+	(800) 776 - 4466	100100883035			
Blue Shield 65+ Choice	(800) 776 - 4466	100100883035			
Health Net	(800) 522 - 0088	3200200139			
Humana	(800) 457 - 4708	683173			
SCAN	(800) 559 - 3500	0795-40845			
UnitedHealthcare	(866) 633 - 2446	0253270805			

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.