



Jamshid Shafai, MD

Pediatrics



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

Shiraz University of Medical Sciences and Health Services

Internship:

Pahlai University Hospital

Residency:

Mount Sinai School Of Medicine



Add'l languages spoken:

Spanish

Age Limits:

Newborn to 18 yrs



Location:

7601 Atlantic Ave
Cudahy, CA 90201
(323) 562 - 3500



Open Hours:

MON: 8:30AM - 5:30PM

TUE: 8:30AM - 5:30PM

WED: 8:30AM - 5:30PM

THU: 8:30AM - 5:30PM

FRI: 8:30AM - 3:30PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039		100944	141779	
AHMC	(626) 300 - 2841	NAPP-02474-PCP		NAPP-02474-PCP	NAPP-02474-PCP
Anthem Blue Cross	(800) 627 - 8797		0SI024	0RH037	
Blue Shield	(800) 393 - 6130		IPA-0525SF-00A354160	IPA-0499DS-00A354160	
Cigna	(800) 244 - 6224		401589	0389536017	
Health Net	(800) 522 - 0088		2892015479	3027015479	

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.