



**Jan  
Nguyen, DO**  
Internal Medicine

**School:**

Western University  
Osteopathic Medicine of the  
Pacific

**Internship:**

Veterans Affairs Medical  
Center

**Residency:**

Veterans Affairs Medical  
Center

**Add'l languages spoken:****Location:**

2777 Pacific Ave Ste C  
Long Beach, CA 90806  
(562) 426 - 6571

**Open Hours:**

**MON:** 9:00AM - 5:00PM  
**TUE:** 9:00AM - 5:00PM  
**WED:** 9:00AM - 5:00PM  
**THU:** 9:00AM - 5:00PM  
**FRI:** 9:00AM - 5:00PM

**Regions:**

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Aetna	(800) 756 - 7039	763439			
Alignment Health Plan	(866) 634 - 2247	ACSA100551			
Blue Shield	(800) 393 - 6130	100349846005			
Blue Shield 65+	(800) 776 - 4466	100349846005			
Blue Shield 65+ Choice	(800) 776 - 4466	100349846005			
Cigna	(800) 244 - 6224	5013388002			
Health Net	(800) 522 - 0088	3200256491			
SCAN	(800) 559 - 3500	0795-429350			
UnitedHealthcare	(866) 633 - 2446	0253270794			
WellCare	(866) 999 - 3945	ACLA321208614			

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.