



John Lauridsen, MD

Internal Medicine



School:

Universidad Autonoma De Guadalajara

Internship:

Long Beach Memorial Hospital

Residency:

Long Beach Veterans Hospital



Add'l languages spoken:

Danish, Spanish

Age Limits:

18 yrs and older



Location:

500 S Anaheim Hills Rd Ste 230
Anaheim, CA 92807
1-714-974-2820



Open Hours:

MON: 8:00AM - 5:00PM
TUE: 8:00AM - 5:00PM
WED: 8:00AM - 5:00PM
THU: 8:00AM - 5:00PM
FRI: 8:00AM - 5:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	1-800-756-7039	310564			
Anthem Blue Cross	1-800-627-8797	1CN107			
Blue Shield	1-800-393-6130			100074708011	100074708013
Blue Shield 65+	1-800-776-4466			100074708011	100074708013
Blue Shield 65+ Choice				100074708011	100074708013
Health Net	1-800-522-0088				3199009656
UnitedHealthcare	1-866-633-2446	0253270069			0217360059

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.