



**Jose Dalprat, DO**  
Family Medicine



**School:**

Western University  
Osteopathic Medicine of the Pacific



**Add'l languages spoken:**

Portuguese, Spanish



**Location:**



**Open Hours:**

**Internship:**

Downey Regional Medical Center

**Residency:**

Downey Regional Medical Center



**Regions:**

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Aetna	(800) 756 - 7039	525142	406656	762219	386600
Alignment Health Plan	(866) 634 - 2247	ACSA100508		ACDR100429	
Anthem Blue Cross	(800) 627 - 8797	1CN639	0SI461	0RH574	1CM228
Blue Shield	(800) 393 - 6130	100187189008	100187189005	100187189007	100187189006
Blue Shield 65+	(800) 776 - 4466	100187189008	100187189005	100187189007	100187189006
Blue Shield 65+ Choice	(800) 776 - 4466	100187189008	100187189005	100187189007	100187189006
Blue Shield Promise Health Plan	(800) 544 - 0088	100187189017	100187189018	100187189015	100187189016
Cigna	(800) 244 - 6224	5039793013	5039793011	5039793012	5039793010
Health Net	(800) 522 - 0088	3200245785	2892245785	3027245785	3199245785
Humana	(800) 457 - 4708	376587	375638	376586	376589
LA Care Health Plan	(888) 452 - 2273	20A11851W	20A11851W3		20A11851W2
SCAN	(800) 559 - 3500	0795-403294	0526-403294	0652-403294	0794-403294
UnitedHealthcare	(866) 633 - 2446	0253270760	0146920508	0159670656	0217360311
WellCare	(866) 999 - 3945	ACLA3211691841	ACSF3231691841	ACD3201691841	ACW3241691841

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.