



# Juan Alas-Pocasangre, MD

Family Medicine



### School:

Universidad de El Salvador

### Internship:

University of California San Francisco Medical Ctr

### Residency:

University of California San Francisco Medical Ctr



### Add'l languages spoken:

Spanish



### Location:

325 E La Habra Blvd  
La Habra, CA 90631  
1-562-691-7100



### Open Hours:

**MON:** 9:00AM - 5:30PM  
**TUE:** 9:00AM - 5:30PM  
**WED:** 9:00AM - 5:30PM  
**THU:** 9:00AM - 5:30PM  
**FRI:** 9:00AM - 5:30PM



### Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Aetna	1-800-756-7039	734345			708173
AHMC	1-626-300-2841	APP000013			
Anthem Blue Cross	1-800-627-8797	1CN270			
Blue Shield					IPA-0571P4-00A561551
Blue Shield 65+	1-800-776-4466				IPA-0571P4-00A561551
Blue Shield 65+ Choice	1-800-776-4466				IPA-0571P4-00A561551
Cigna	1-800-244-6224	2840384020			2840384021
Health Net	1-800-522-0088	5315066243			3199066243
Humana	1-800-457-4708				991417
LA Care Health Plan	1-888-452-2273	A56155E9			
UnitedHealthcare	1-866-633-2446	0253270279			0217360206

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.