



Juan Montes, MD
Internal Medicine



School:
Harvard Medical School



Add'l languages spoken:
Spanish



Open Hours:

Internship:
Harbor UCLA Medical Center

Residency:
UCLA Medical Center



Age Limits:
16 yrs and older

Location:



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039	858978		533100	403463
AHMC	(626) 300 - 2841	NAPP-1548353055-PCP			
Alignment Health Plan	(866) 634 - 2247	ACSA100357		ACDR100250	
Anthem Blue Cross	(800) 407 - 4627			0RH308	1CM069
Blue Shield	(800) 393 - 6130	100078246022		100078246021	100078246023
Blue Shield 65+	(800) 776 - 4466	100078246022		100078246021	100078246023
Blue Shield 65+ Choice	(800) 776 - 4466	100078246022		100078246021	100078246023
Blue Shield Promise Health Plan	(800) 544 - 0088	100078246108		100078246097	100078246109
Cigna	(800) 244 - 6224	4911094025		4911094021	4911094029
Health Net	(800) 522 - 0088	3200029437		3027029437	3199029437
Humana	(800) 457 - 4708	992121		992110	992118
LA Care Health Plan	(888) 452 - 2273	G35182W69			G35182W51
SCAN	(800) 559 - 3500	0795-19342		0652-19342	0794-19342
UnitedHealthcare	(866) 633 - 2446	0253270117		0159670529	0217360102
WellCare	(866) 999 - 3945	ACLA3211379744		ACD3201379744	ACW3241379744

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.