



**Juan Montes, MD**  
Internal Medicine



**School:**  
Harvard Medical School

**Internship:**  
Harbor UCLA Medical Center

**Residency:**  
UCLA Medical Center



**Add'l languages spoken:**  
Spanish

**Age Limits:**  
16 yrs and older



**Location:**  
11822 Floral Dr  
Whittier, CA 90601



**1-562-908-4355**



**Open Hours:**  
**MON:** 8:30AM - 5:30PM  
**TUE:** 8:30AM - 5:30PM  
**WED:** 8:30AM - 5:30PM  
**THU:** 8:30AM - 5:30PM  
**FRI:** 8:30AM - 5:30PM



**Regions:**

Your provider participates in a variety of health plans. To select your Optum Care Network–AppleCare physician, please call the Member Services number and give the ID number listed below.

HEALTH PLAN	MBR SRVCS	SELECT 1
Aetna	1-800-756-7039	360255
AHMC	1-626-300-2841	APP000266
Alignment Health Plan	1-866-634-2247	ACSA100357
Anthem Blue Cross	1-800-627-8797	ZUD363
Blue Shield	1-800-393-6130	100078246176
Blue Shield 65+	1-800-776-4466	100078246177
Cigna	1-800-244-6224	4911094116
Health Net	1-800-522-0088	3200029437
Humana	1-800-457-4708	992121
LA Care Health Plan	1-888-452-2273	G35182W69
SCAN	1-800-559-3500	0795-19342
UnitedHealthcare	1-866-633-2446	0253270117
WellCare	1-866-999-3945	1379744ACO325

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.