



**Laura
Ryan, MD**
Internal Medicine

**School:**

University Of Vermont
College Of Medicine

**Add'l languages spoken:**

Spanish

**Location:**

11480 Brookshire Ave Ste
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Downey, CA 90241
1-562-806-0874

**Open Hours:**

MON: 7:30AM - 4:30PM
TUE: 7:30AM - 4:30PM
WED: 7:30AM - 4:30PM
THU: 7:30AM - 4:30PM
FRI: 7:30AM - 4:30PM

**Regions:**

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	DOWNEY ³	WHITTIER ⁴
Aetna	1-877-204-9186	533785	379562	349643
Alignment Health Plan	1-866-634-2247	ACSA100490		
Anthem Blue Cross	1-800-627-8797	ZUD528		
Blue Shield	1-800-393-6130	100319918002	100319918003	
Blue Shield 65+	1-800-776-4466	100319918002	100319918003	
Blue Shield 65+ Choice	1-800-776-4466	100319918002	100319918003	
Cigna	1-800-244-6224	5536206006	5536206007	5536206005
Health Net	1-800-522-0088	3200229844	3027229844	3199229844
Humana	1-800-457-4708	626851	626850	626852
LA Care Health Plan	1-888-452-2273	A138727W		
SCAN	1-800-559-3500	0795-396602		
UnitedHealthcare	1-866-633-2446	0253270694	0159670636	0217360300
WellCare	1-866-999-3945	1475742ACO325		

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.