



Loida Constantino, MD

Family Medicine



School:

University Of The Philippines System College Of Medicine

Internship:

University Of CA Irvine Medical Center

Residency:

University Of CA Irvine Medical Center



Add'l languages spoken:

Spanish, Tagalog

Age Limits:

14 yrs & above; No OB, no Pediatrics



Open Hours:

MON: 9:00AM - 5:00PM
TUE: 9:00AM - 5:00PM
WED: 9:00AM - 5:00PM
THU: 9:00AM - 5:00PM
FRI: 9:00AM - 1:00PM



Location:

1777 N Bellflower Blvd Ste 104
Long Beach, CA 90815
1-562-961-8820



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	1-800-756-7039	821242		803087	
AHMC	1-626-300-2841	NAPP-01340-PCP			
Alignment Health Plan	1-866-634-2247	ACSA100022			
Anthem Blue Cross	1-800-627-8797	1CN086			
Blue Shield	1-800-393-6130	100095454010		100095454009	
Blue Shield 65+	1-800-776-4466	100095454010		100095454009	
Blue Shield 65+ Choice	1-800-776-4466	100095454010		100095454009	
Health Net	1-800-522-0088	3200551173		3027551173	
Humana	1-800-457-4708	991366		991365	
LA Care Health Plan	1-888-452-2273	A39840E10			
SCAN	1-800-559-3500	0795-18834			
UnitedHealthcare	1-866-633-2446	0253270249		0159670240	
WellCare	1-866-999-3945	ACLA3211374092		ACD3201374092	

¹Select Region – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²St. Francis Region – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³Downey Region – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴Whittier Region – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.