



# Manuel Hernandez, MD

Family Medicine



**APPLECARE**  
MEDICAL GROUP  
Part of OptumCare®



### School:

University Of California - Irvine Medical Center

### Internship:

Mount Sinai Medical Center (miami Beach FL)

### Residency:

University Of California - Irvine Medical Center



### Add'l languages spoken:



### Location:

2928 E Cesar E Chavez Ave  
Los Angeles, CA 90033  
**(323) 266 - 6700**



### Open Hours:

**MON:** 9:00AM - 5:30PM  
**TUE:** 9:00AM - 5:30PM  
**WED:** 9:00AM - 5:30PM  
**THU:** 9:00AM - 5:30PM  
**FRI:** 9:00AM - 5:30PM



### Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Alignment Health Plan	(866) 634 - 2247	ACSA100588			

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.