



Manuel Mendoza, MD

Family Medicine



School:

University of Santo Tomas
Faculty of Medicine-Manila
Philippines

Internship:

Maimonides Medical Center

Residency:

Maimonides Medical Center,
University Hospital Of
Cleveland, JFK Medical
Center



Add'l languages spoken:

Spanish, Tagalog



Location:

16660 Paramount Blvd Ste
306
Paramount, CA 90723
(562) 925 - 7716



Open Hours:

MON: 9:30AM - 5:30PM
TUE: 9:30AM - 5:30PM
WED: 9:30AM - 5:30PM
THU: 9:30AM - 5:30PM
FRI: 9:30AM - 5:30PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039	337057	378339	385202	868251
AHMC	(626) 300 - 2841	NAPP-1295824654-PCP			
Alignment Health Plan	(866) 634 - 2247	ACSA100095	ACSF100073	ACDR100102	
Anthem Blue Cross		1CN083	OSI166	ORH156	
Blue Shield	(800) 393 - 6130	100047566033	100047566035	100047566036	100047566034
Blue Shield 65+	(800) 776 - 4466	100047566033	100047566035	100047566036	100047566034
Blue Shield 65+ Choice	(800) 776 - 4466	100047566033	100047566035	100047566036	100047566034
Blue Shield Promise Health Plan	(800) 544 - 0088	100047566062	100047566064	100047566063	
Cigna	(800) 244 - 6224				3713051016
Health Net	(800) 522 - 0088	3200051482	2892051482	3027051482	3199051482
Humana	(800) 457 - 4708	992416	992417	992415	
LA Care Health Plan	(888) 452 - 2273	A53896W17	A53896W2		
SCAN	(800) 559 - 3500	0795-28046	0526-28046	0652-28046	0794-28046
UnitedHealthcare	(866) 633 - 2446	0253270106	0146920251	0159670234	0217360232
WellCare	(866) 999 - 3945	ACLA3211373258	ACSF3231373258	ACD3201373258	ACW3241373258

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.