



**Mark  
Tsai, MD**  
Internal Medicine

**School:**

University of Pittsburg  
School of Medicine

**Internship:**

UCLA Medical Center

**Residency:**

UCLA Medical Center, VA  
Greater Los Angeles  
Healthcare System - West  
Los Angeles Healthcare  
Center

**Add'l languages spoken:**

Mandarin

**Age Limits:**

12 yrs older

**Location:**

16415 S Colorado Ave Ste  
101  
Paramount, CA 90723  
**1-562-634-6341**

**Open Hours:**

**MON:** 9:00AM - 5:30PM  
**TUE:** 9:00AM - 5:30PM  
**WED:** 9:00AM - 5:30PM  
**THU:** 9:00AM - 5:30PM  
**FRI:** 9:00AM - 5:30PM

**Regions:**

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Aetna	1-800-756-7039	256189	689049	838116	
Alignment Health Plan	1-866-634-2247	ACSA100227			
Anthem Blue Cross	1-800-627-8797	ZUD020	L4P404		
Blue Shield	1-800-393-6130	IPA-0570P4-00A818750	IPA-0525SF-00A818750	IPA-0499DS-00A818750	
Blue Shield 65+	1-800-776-4466	IPA-0570P4-00A818750	IPA-0525SF-00A818750	IPA-0499DS-00A818750	
Blue Shield 65+ Choice	1-800-776-4466	IPA-0570P4-00A818750	IPA-0525SF-00A818750	IPA-0499DS-00A818750	
Cigna	1-800-244-6224	0232903015	0232903001	0232903004	
Health Net	1-800-522-0088	3200127778	2892127778	3027127778	
Humana	1-800-457-4708	991786	991787	991785	
LA Care Health Plan	1-888-452-2273	A81875W7	A81875Z6		
SCAN	1-800-559-3500	0795-48634			
UnitedHealthcare	1-866-633-2446	0253270325	0146920261	0159670453	
WellCare	1-866-999-3945	ACLA3211386680	ACSF3231386680	ACD3201386680	

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.