



Martin Zapata, DO

Internal Medicine



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

Western University
Osteopathic Medicine of the Pacific

Internship:

LAC/USC Medical Center

Residency:

LAC/USC Medical Center



Add'l languages spoken:

Spanish

Age Limits:

18 yrs older



Location:

11865 Firestone Blvd
Norwalk, CA 90650
(562) 806 - 1214



Open Hours:

MON: 8:30AM - 5:00PM

TUE: 8:30AM - 5:00PM

WED: 8:30AM - 5:00PM

THU: 8:30AM - 5:00PM

FRI: 8:30AM - 5:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

| HEALTH PLAN | MBR SRVCS | SELECT ¹ | ST. FRANCIS ² | DOWNEY ³ | WHITTIER ⁴ |
|---------------------------------|------------------|----------------------|--------------------------|----------------------|-----------------------|
| Aetna | (800) 756 - 7039 | 824473 | 693125 | 285985 | |
| Alignment Health Plan | (866) 634 - 2247 | ACSA100352 | ACSF100186 | ACDR100338 | |
| Anthem Blue Cross | (800) 627 - 8797 | 1CN317 | 0SI321 | 0RH440 | |
| Blue Shield | (800) 393 - 6130 | IPA-0570P4-020A80581 | | IPA-0499DS-020A80581 | |
| Blue Shield 65+ | (800) 776 - 4466 | IPA-0570P4-020A80581 | | IPA-0499DS-020A80581 | |
| Blue Shield 65+ Choice | (800) 776 - 4466 | IPA-0570P4-020A80581 | | IPA-0499DS-020A80581 | |
| Blue Shield Promise Health Plan | (800) 544 - 0088 | 100096640024 | 100096640026 | 100096640025 | |
| Cigna | (800) 244 - 6224 | 8637206001 | 8637206003 | 8637206002 | |
| Health Net | (800) 522 - 0088 | 3200106677 | | 3027106677 | |
| Humana | (800) 457 - 4708 | 127285 | 141713 | 127284 | |
| LA Care Health Plan | (888) 452 - 2273 | 20A8058Z9 | 20A8058Z10 | | |
| SCAN | (800) 559 - 3500 | 0795-92713 | 0526-92713 | 0652-92713 | |
| UnitedHealthcare | (866) 633 - 2446 | 0253270399 | 0146920361 | 0159670517 | |
| WellCare | (866) 999 - 3945 | ACLA3211387596 | ACSF3231387596 | ACD3201387596 | |

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.