



Michael Tehrani, MD

Internal Medicine



School:

Ross University School of Medicine

Internship:

LAC/USC Medical Center

Residency:

LAC/USC Medical Center



Add'l languages spoken:

Farsi, Spanish



Location:

1703 Termino Ave Ste 108
Long Beach, CA 90804



1-562-498-2481



Open Hours:

MON: 9:00AM - 5:00PM

TUE: 9:00AM - 5:00PM

WED: 9:00AM - 5:00PM

THU: 9:00AM - 5:00PM

FRI: 9:00AM - 5:00PM



Regions:

Your provider participates in a variety of health plans. To select your Optum Care Network–AppleCare physician, please call the Member Services number and give the ID number listed below.

HEALTH PLAN	MBR SRVCS	SELECT ¹
Aetna	1-800-756-7039	893231
Alignment Health Plan	1-866-634-2247	ACSA100060
Humana	1-800-457-4708	380116
SCAN	1-800-559-3500	0795-179384
UnitedHealthcare	1-866-633-2446	0253270733
WellCare	1-866-999-3945	1559648ACO325

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.