



Payam Kahen, MD

General Practice



School:

Ross University School Of Medicine (Dominica)

Internship:

North Shore University Hospital At Manhasset

Residency:

Beth Israel Medical Center (New York NY)



Add'l languages spoken:

Farsi



Location:

714 N Avalon Blvd
Wilmington, CA 90744



1-310-522-4200



Open Hours:

MON: 9:00AM - 7:00PM
TUE: 9:00AM - 7:00PM
WED: 9:00AM - 7:00PM
THU: 9:00AM - 7:00PM
FRI: 9:00AM - 7:00PM



Regions:

Your provider participates in a variety of health plans. To select your Optum Care Network–AppleCare physician, please call the Member Services number and give the ID number listed below.

HEALTH PLAN	MBR SRVCS	SELECT 1
Aetna	1-800-756-7039	432944
AHMC	1-626-300-2841	APP000801
Alignment Health Plan	1-866-634-2247	ACSA100530
Anthem Blue Cross	1-800-627-8797	ZUD488
Blue Shield	1-800-393-6130	100189896032
Blue Shield 65+	1-800-776-4466	100189896032
Blue Shield 65+ Choice	1-800-776-4466	100189896032
Cigna	1-800-244-6224	6455309018
Health Net	1-800-522-0088	5155138644
Humana	1-800-457-4708	681101
LA Care Health Plan	1-888-452-2273	A97561W8
SCAN	1-800-559-3500	1187-62844
UnitedHealthcare	1-866-633-2446	0253270780
WellCare	1-866-999-3945	1400922ACO325

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.