



Prasad Chode, MD

Internal Medicine



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

Rangaraya Medical College

Internship:

Long Island College Hospital

Residency:

Long Island College Hospital



Add'l languages spoken:

Telugu



Location:

8255 Firestone Blvd Ste 501

Downey, CA 90241

(562) 319 - 2085



Open Hours:

MON: 8:00AM - 4:30PM

TUE: 8:00AM - 4:30PM

WED: 8:00AM - 4:30PM

THU: 8:00AM - 4:30PM

FRI: 8:00AM - 4:30PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039	515193		856365	391427
Alignment Health Plan	(866) 634 - 2247	ACSA100458		ACDR100403	ACWH100499
Anthem Blue Cross	(800) 627 - 8797			0RH532	
Blue Shield	(800) 393 - 6130	100068754007		100068754006	100068754008
Blue Shield 65+	(800) 776 - 4466	100068754007		100068754006	100068754008
Blue Shield 65+ Choice	(800) 776 - 4466	100068754007		100068754006	100068754008
Blue Shield Promise Health Plan	(800) 544 - 0088	100068754018		100068754020	100068754019
Cigna	(800) 244 - 6224	4528165009		4528165008	4528165010
Health Net	(800) 522 - 0088	3200551172		3027551172	3199551172
Humana	(800) 457 - 4708	249640		249610	249656
LA Care Health Plan	(888) 452 - 2273	A50528W8			A50528W12
SCAN	(800) 559 - 3500	0795-16780		0652-16780	0794-16780
UnitedHealthcare	(866) 633 - 2446	0253270647		0159670613	0217360286
WellCare	(866) 999 - 3945	ACLA3211374538		ACD3201374538	ACW3241374538

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.