



**Sen
Lai, MD**
Internal Medicine



School:
Chung Shan College

Internship:
Mount Vernon Hospital

Residency:
Mount Vernon Hospital



Add'l languages spoken:
Chinese, Taiwanese

Age Limits:
19 years and older



Location:
1974 Santa Fe Ave
Long Beach, CA 90810
1-562-599-0609



Open Hours:
MON: 9:00AM - 5:00PM
TUE: 9:00AM - 5:00PM
WED: 9:00AM - 5:00PM
THU: 9:00AM - 5:00PM
FRI: 9:00AM - 5:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	DOWNEY ³	WHITTIER ⁴
Aetna	1-800-756-7039	761576		
Alignment Health Plan	1-866-634-2247	ACSA100431		
Anthem Blue Cross	1-800-627-8797	ZUD099		
Blue Shield	1-800-393-6130	100018101016		
Blue Shield 65+	1-800-776-4466	100018101016		
Blue Shield 65+ Choice	1-800-776-4466	100018101016		
Cigna	1-800-244-6224	0726859012		
Health Net	1-800-522-0088	3200031671		
Humana	1-800-457-4708	168236		
LA Care Health Plan	1-888-452-2273	A32145W4		
SCAN	1-800-559-3500	0795-30648		
UnitedHealthcare	1-866-633-2446	0253270550		
WellCare	1-866-999-3945	1390992ACO325		

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.