



Shahira Abdel-Malek, MD

General Practice



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

Faculty Of Medicine - Ain
Shams University (cairo
Egypt)

Internship:

Louisiana State University
Health Science Center

Residency:

Louisiana State University
Health Science Center



Add'l languages spoken:

Arabic, French, Spanish



Location:

3100 E Florence Ave Ste 1
Huntington Park, CA 90255
(323) 583 - 4115



Open Hours:

MON: 8:30AM - 5:00PM
TUE: 8:30AM - 5:00PM
WED: 8:30AM - 5:00PM
THU: 8:30AM - 5:00PM
FRI: 8:30AM - 5:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
AHMC	(626) 300 - 2841	APP000001			
Alignment Health Plan	(866) 634 - 2247		ACSF100145	ACDR100287	
Anthem Blue Cross	(800) 407 - 4627	L3R636	0SI262	0RH023	L2P822
Blue Shield	(800) 393 - 6130		100044352005	100044352004	
Blue Shield 65+	(800) 776 - 4466		100044352005	100044352004	
Blue Shield 65+ Choice	(800) 776 - 4466		100044352005	100044352004	
Blue Shield Promise Health Plan	(800) 544 - 0088			100044352016	
Cigna	(800) 244 - 6224			32162	
Health Net	(800) 522 - 0088			3027031625	
LA Care Health Plan	(888) 452 - 2273	A36609Z9	A36609Z8		
SCAN	(800) 559 - 3500	0795-63553	0526-63553	0652-63553	0794-63553
UnitedHealthcare	(866) 633 - 2446	0253270005	0146920309	0159670365	
WellCare	(866) 999 - 3945		ACSF3231390689	ACD3201390689	

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.