



# Shahla Sadighian, MD

Internal Medicine



### School:

Shiraz University of Medical Sciences and Health Services

### Internship:

Yale New Haven Hospital

### Residency:

Yale New Haven Hospital



### Add'l languages spoken:

Farsi, Turkish

### Age Limits:

12 yrs and older



### Location:

1275 N Rose Dr Ste 126  
Placentia, CA 92870  
1-714-524-3880



### Open Hours:

MON: 7:30AM - 4:30PM  
TUE: 7:30AM - 4:30PM  
WED: 7:30AM - 4:30PM  
THU: 7:30AM - 4:30PM  
FRI: 7:30AM - 4:30PM



### Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

| HEALTH PLAN            | MBR SRVCS      | SELECT <sup>1</sup> | ST. FRANCIS <sup>2</sup> | DOWNEY <sup>3</sup> | WHITTIER <sup>4</sup> |
|------------------------|----------------|---------------------|--------------------------|---------------------|-----------------------|
| Aetna                  | 1-800-756-7039 | 472971              |                          |                     | 479091                |
| AHMC                   | 1-626-300-2841 | NAPP-02416-PCP      |                          |                     |                       |
| Anthem Blue Cross      | 1-800-627-8797 | 1CN038              |                          |                     |                       |
| Blue Shield            | 1-800-393-6130 |                     |                          |                     | IPA-0571P4-00A534330  |
| Blue Shield 65+        | 1-800-776-4466 |                     |                          |                     | IPA-0571P4-00A534330  |
| Blue Shield 65+ Choice | 1-800-776-4466 |                     |                          |                     | IPA-0571P4-00A534330  |
| Cigna                  | 1-800-244-6224 | 5270779014          |                          |                     | 5270779015            |
| Health Net             | 1-800-522-0088 |                     |                          |                     | 3199049698            |
| SCAN                   | 1-800-559-3500 | 0795-28717          |                          |                     |                       |
| UnitedHealthcare       | 1-866-633-2446 | 0253270217          |                          |                     | 0217360027            |

<sup>1</sup>Select Region – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>St. Francis Region – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>Downey Region – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>Whittier Region – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.