



# Shobha Govind, MD

Family Medicine



**APPLECARE**  
MEDICAL GROUP  
Part of OptumCare®



### School:

Bangalore Medical College - India

### Internship:

Forest Park Hospital



### Add'l languages spoken:

Hindi, Kannada, Marathi

### Age Limits:

10 years & older



### Location:

3650 South St Ste 103  
Lakewood, CA 90712  
**(562) 531 - 8110**



### Open Hours:

**MON:** 8:00AM - 5:00PM

**TUE:** 8:00AM - 5:00PM

**WED:** 8:00AM - 4:30PM

**THU:** 8:00AM - 4:30PM

**FRI:** 8:00AM - 4:30PM



### Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT <sup>1</sup>	ST. FRANCIS <sup>2</sup>	DOWNEY <sup>3</sup>	WHITTIER <sup>4</sup>
Aetna	(800) 756 - 7039	368051		350407	434885
AHMC	(626) 300 - 2841	NAPP-01573-PCP			
Alignment Health Plan	(866) 634 - 2247	ACSA100051		ACDR100071	
Anthem Blue Cross	(800) 627 - 8797	1CN034		0RH101	
Blue Shield	(800) 393 - 6130	100049162009			
Blue Shield 65+	(800) 776 - 4466	100049162009			
Blue Shield 65+ Choice	(800) 776 - 4466	100049162009			
Blue Shield Promise Health Plan	(800) 544 - 0088	100049162023		100049162025	
Health Net	(800) 522 - 0088	3200019223		3027019223	
Humana	(800) 457 - 4708	991254		991253	
LA Care Health Plan	(888) 452 - 2273	A33851W3			
SCAN	(800) 559 - 3500	0795-19956		0652-19956	
UnitedHealthcare	(866) 633 - 2446	0253270180		0159670125	
WellCare	(866) 999 - 3945	ACLA3211376484		EZACDA33851	

<sup>1</sup>**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

<sup>2</sup>**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

<sup>3</sup>**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

<sup>4</sup>**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.