



Tyler DeJong, MD
Internal Medicine



School:

Keck School Of Medicine Of The University Of Southern California

Internship:

Kaiser Permanente - Los Angeles

Residency:

Kaiser Permanente - Los Angeles



Add'l languages spoken:

Spanish



Location:

300 Redondo Ave
Long Beach, CA 90814
(562) 433 - 7496



Open Hours:

MON: 8:00AM - 5:00PM

TUE: 8:00AM - 5:00PM

WED: 8:00AM - 5:00PM

THU: 8:00AM - 5:00PM

FRI: 7:30AM - 4:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039	334016			
Alignment Health Plan	(866) 634 - 2247	ACSA100087			
Blue Shield	(800) 393 - 6130	100318572010			
Blue Shield 65+	(800) 776 - 4466	100318572010			
Blue Shield 65+ Choice	(800) 776 - 4466	100318572010			
Blue Shield Promise Health Plan	(800) 544 - 0088	100318572017			
Cigna	(800) 244 - 6224	5674400011			
Health Net	(800) 522 - 0088	3200229690			
Humana	(800) 457 - 4708	380333			
SCAN	(800) 559 - 3500	0795-395779			
UnitedHealthcare	(866) 633 - 2446	0253270715			
WellCare	(866) 999 - 3945	ACLA3211491081			

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.