



Tyler DeJong, MD

Internal Medicine



School:

Keck School Of Medicine Of The University Of Southern California

Internship:

Kaiser Permanente Los Angeles Medical Center

Residency:

Kaiser Permanente - Los Angeles Medical Center



Add'l languages spoken:

Spanish



Location:

300 Redondo Ave
Long Beach, CA 90814



1-562-433-7496



Open Hours:

MON: 8:00AM - 5:00PM
TUE: 8:00AM - 5:00PM
WED: 8:00AM - 5:00PM
THU: 8:00AM - 5:00PM
FRI: 7:30AM - 4:00PM



Regions:

Your provider participates in a variety of health plans. To select your Optum Care Network–AppleCare physician, please call the Member Services number and give the ID number listed below.

HEALTH PLAN	MBR SRVCS	SELECT 1
Aetna	1-800-756-7039	874734
Alignment Health Plan	1-866-634-2247	ACSA100087
Blue Shield	1-800-393-6130	100318572024
Blue Shield 65+	1-800-776-4466	100318572023
Cigna	1-800-244-6224	5674400030
Health Net	1-800-522-0088	3200229690
Humana	1-800-457-4708	380333
SCAN	1-800-559-3500	1187-395779
UnitedHealthcare	1-866-633-2446	0253270715
WellCare	1-866-999-3945	1491081ACO325

To learn more about Optum Care Network or how to join please call us at: 1-877-862-1007. Monday – Friday, 8:00AM to 5PM.