



William Essilfie, MD

Internal Medicine



APPLECARE
MEDICAL GROUP
Part of OptumCare®



School:

University of Ghana Medical School

Internship:

St Francis Hospital (Evanston IL)

Residency:

St Francis Hospital (Evanston IL)



Add'l languages spoken:

English, Spanish

Age Limits:

18 years older



Location:

1141 W Redondo Beach Blvd Ste 307
Gardena, CA 90247
(310) 715 - 6100



Open Hours:

MON: 9:00AM - 5:00PM

TUE: 9:00AM - 5:00PM

WED: 9:00AM - 5:00PM

THU: 9:00AM - 5:00PM

FRI: 9:00AM - 5:00PM



Regions:

Your provider may be participating in one or more with their respective hospitals. Please see below the list of health plans your physician contracts with, and regions he or she participates in.

HEALTH PLAN	MBR SRVCS	SELECT ¹	ST. FRANCIS ²	DOWNEY ³	WHITTIER ⁴
Aetna	(800) 756 - 7039		735846		
AHMC	(626) 300 - 2841	NAPP-01459-PCP		NAPP-01459-PCP	
Alignment Health Plan	(866) 634 - 2247	ACSA100368	ACSF100194	ACDR100351	
Anthem Blue Cross			0SI337	0RH463	
Blue Shield	(800) 393 - 6130	100036714012	100036714012	100036714012	
Blue Shield 65+	(800) 776 - 4466	100036714012	100036714012	100036714012	
Blue Shield 65+ Choice	(800) 776 - 4466	100036714012	100036714012	100036714012	
Blue Shield Promise Health Plan	(800) 544 - 0088	100036714034	100036714035	100036714036	
Cigna	(800) 244 - 6224	8238799027	8238799029	8238799028	
Health Net	(800) 522 - 0088	3200057246	2892057246	3027057246	
Humana	(800) 457 - 4708	127288	128305	127287	
LA Care Health Plan	(888) 452 - 2273	A46137W16	A46137W2		
SCAN	(800) 559 - 3500	0795-29597	0526-29597	0652-29597	
UnitedHealthcare	(866) 633 - 2446	0253270452	0146920373	0159670547	

¹**Select Region** – Select region is a catch all for the rest of Los Angeles County and all Orange County areas. We recommend these IDs for Members who live outside of the Downey, St Francis, or Whittier region areas.

²**St. Francis Region** – A provider network built around our partner hospital, St Francis Medical Center, for better care coordination to members living in Lynwood and the surrounding cities.

³**Downey Region** – A provider network built around our partner hospital, PIH Health – Downey, for better care coordination to members living in Downey and the surrounding cities.

⁴**Whittier Region** – A provider network built around our partner hospital, Whittier Hospital Medical Center, for better care coordination to members living in Whittier and the surrounding cities.

To learn more about AppleCare or how to join please call us at: 1(877) 862-1007. Monday – Friday, 8:00AM to 5PM.